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# Anticonflict Effects of a Competitive NMDA Receptor Antagonist and a Partial Agonist at Strychnine-Insensitive Glycine Receptors

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PRZEGALIŃSKI, E., E. TATARCZYŃSKA, A. DEREŃ-WESOŁEK, AND E. CHOJNACKA-WÓJCIK. *Anti-conflict effects of a competitive NMDA receptor antagonist and a partial agonist at strychnine-insensitive glycine receptors.* PHARMACOL BIOCHEM BEHAV 54(1) 73–77, 1996.—Using the conflict drinking Vogel test in rats as a model, in the present study we examined the anxiolytic-like activity of DL-(E)-2-amino-4-methyl-5-phosphono-3-pentenoic acid (CGP 37849), a competitive *N*-methyl-D-aspartate (NMDA) receptor antagonist and 1-aminocyclopropanecarboxylic acid (ACPC), a partial agonist at strychnine-insensitive glycine receptors associated with the NMDA receptor complex, after their intraperitoneal (IP) and intrahippocampal (IHP) administration. CGP 37849, administered in doses of 1.25–5 mg/kg IP, produced an anticonflict effect in a dose-dependent manner, but was inactive when injected in doses of 0.01–0.1 μg IHP. At the same time, when administered in higher doses (10 mg/kg IP or 0.3 μg IHP), that drug induced motor impairment. On the other hand, ACPC exhibited an anxiolytic-like activity after both IP (100–200 mg/kg) and IHP (3–30 μg) administration. These results, as well as the literature data on the lack of motor-impairing effects of ACPC, indicate that the latter drug seems to be more advantageous than CGP 37849 as a potential therapeutic agent in the treatment of anxiety disorders. Furthermore, they also show that the hippocampus may be one of the neuroanatomical sites of the anxiolytic-like effect of ACPC, but not of CGP 37849.

CGP 37849    1-Aminocyclopropanecarboxylic acid    Drinking conflict test    Peripheral administration  
Intrahippocampal injection    Rats

OF THE receptor subtypes that mediate excitatory amino acid (e.g., glutamate or aspartate) synaptic neurotransmission, the *N*-methyl-D-aspartate (NMDA) receptor and its associated cation channel is the best described. This complex is constituted as a heterooligomer, possessing subunits with interdependent recognition sites for glutamate, glycine, cation channel blockers, and polyamines (46). Glycine, through its action at the glycine site, allosterically potentiates the NMDA receptor activation (15), this effect being insensitive to strychnine.

Ligands of the NMDA and strychnine-insensitive glycine receptors have been shown to evoke several pharmacological effects. For example, noncompetitive and competitive NMDA receptor antagonists, as well as strychnine-insensitive glycine receptor partial agonists and antagonists, have been reported to exert anxiolytic-like actions in animal models (3,6,8,17,31,36,37,38,44,45). Showing similar pharmacological profiles in experimental paradigms, the NMDA and glycine receptor ligands differ, however, in terms of their potential clinical utility. In fact, although noncompetitive and competitive NMDA receptor antagonists induce a number of undesirable

side effects, such as muscle relaxation, ataxia or amnesia, as well as some reinforcing and psychotomimetic effects (2,4,13,14,18,19,26,28,39,43), glycine receptor partial agonists and antagonists are devoid of such properties (10,17,34).

As regards the neuroanatomical site of antianxiety actions of the NMDA and glycine receptor ligands, the dorsal periaqueductal gray (12,23) and hippocampus (30) have been suggested to be involved. The latter structure seems to be of particular interest in this respect, as it: 1. plays an important role in the control of anxiety (11); 2. is a site in which local injections of different antianxiety drugs, including benzodiazepines, 5-hydroxytryptamine<sub>1A</sub> receptor ligands and β-adrenoceptor antagonists evoke anxiolytic-like effects (5,16,20,32,33,35); and 3. has a high density of NMDA receptors (24,25).

Using the conflict drinking Vogel test (40) as a model, in the present paper, we studied the anxiolytic-like activity of DL-(E)-2-amino-4-methyl-5-phosphono-3-pentenoic acid (CGP 37849), a competitive NMDA receptor antagonist (9), and 1-aminocyclopropanecarboxylic acid (ACPC), a partial agonist

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at strychnine-insensitive glycine receptors associated with the NMDA receptor complex (22,42), after their intraperitoneal (IP) and intrahippocampal (IHP) administration. Unlike the case with other competitive NMDA receptor antagonists, there is only one report on the antianxiety effects of CGP 37849 in the literature (31). At the same time, ACPC has only been examined in nonconflict models of anxiety (1,37, 38,44). Furthermore, no data are available on the antianxiety effect of these drugs administered locally into the hippocampus.

#### METHOD

##### *Animals and Housing*

Male Wistar rats, weighing  $250 \pm 20$  g, were used in the study. After operation, the animals were housed individually in a cage ( $40 \times 27 \times 15$  cm), on a natural day-night cycle (winter-spring) and at a room temperature of  $19\text{--}21^\circ\text{C}$ , with free access to food and tap water before the experiment.

##### *Surgery*

The rats were operated under equithesin anaesthesia. A socket with two stainless steel guide cannulae (0.4 mm OD, 0.3 mm ID, 8.0 mm long) was implanted stereotaxically 2 mm above the CA1 region of the dorsal hippocampus (A 5.2 mm, L 2.0 mm, H 7.3 mm from the interaural line) (29), and was fixed to the skull with stainless steel screws and dental acrylic cement. Seven days later, the rats were subjected to behavioural testing.

##### *Treatment Schedules and Drugs*

Intrahippocampal (IHP) injections of drugs were made using Hamilton microsyringes connected, *via* polyethylene tubing, with two stainless steel needles (0.3 mm OD). The injection needles were lowered 2 mm below the tip of the guide cannula (i.e., at a level of the CA1 region of the dorsal hippocampus). Solutions were administered bilaterally over 60 s. The injection needle remained in place for the additional 30–60 s before it was removed and replaced with a stylet.

The following drugs were used: 1-aminocyclopropanecarboxylic acid (ACPC) (Symphony Pharmaceuticals Inc., Malvern, PA), DL-(E)-2-amino-4-methyl-5-phosphono-3-pentenoic acid (CGP 37849) (Ciba-Geigy, Basel). Both the drugs were dissolved in a sterile saline immediately before administration and injected intraperitoneally (IP) in a volume of 4 ml/kg, or IHP in a volume of 1  $\mu\text{l}$ /site at 60 or 10 min before the test, respectively. Control rats received vehicle according to the same schedule.

All the experiments were always performed between 10 a.m. and 2 p.m.

##### *Conflict Drinking Test (Vogel Test)*

A modification of the method of Vogel (40) was used. On the first day of the experiment, the rats were adapted to the test chamber for 10 min. It was a Plexiglas box ( $27 \times 27 \times 50$  cm), equipped with a grid floor of stainless steel bars and with a drinking bottle containing tap water. After the initial adaptation period, the animals were deprived of water for 24 h and were then placed in the test chamber for another 10-min adaptation period, during which they had free access to the drinking bottle. Afterwards, they were allowed a 30-min free-drinking session in their home cage. After another 24-h water deprivation period, the rats were placed again in the test cham-

ber and were allowed to drink for 30 s. Immediately afterwards, drinking attempts were punished with an electric shock (0.5 mA). The impulses were released every 2 s (timed from the moment when a preceding shock was delivered) in 1-second periods, between the grid floor and the spout of the drinking bottle. The number of shocks accepted throughout a 5-min experimental session was recorded. The animals were used only once in this test.

##### *Shock Threshold and Free-Drinking Tests*

To control the possibility of drug-induced changes in the perception of the stimulus or in the thirst drive, which might have contributed to the activity in the conflict drinking test, a stimulus threshold measurements and a free-drinking experiment were also carried out. In the shock threshold and free-drinking tests, the rats were treated in a manner similar to that described in the conflict drinking test, including two 24-h water deprivation periods separated by 30 min of water availability.

In the shock threshold test, the rats were placed individually in the box, and electric shocks were delivered through the grid floor. The shock threshold was determined stepwise by increasing manually the current (0.1, 0.2, 0.3, 0.4, 0.5 mA) delivered through the grid-floor until a rat showed an avoiding reaction (jump, jerk, or the like) to an electric stimulus. There was a 15-s shock-free interval between the steps.

In the free-drinking test, each animal was allowed to drink from the water spout. Licking was not punished. The total amount of water (ml), consumed during 5 min, was recorded for each rat.

The animals were used only once in either test.

##### *Histological Analysis*

After IHP injections, all the animals were killed on the final testing day; their brains were removed and stored in a 10% formalin solution. The frozen tissue was dissected, and the injection sites were verified visually. In each experiment, only the data from rats in which the cannulae were located bilaterally in the intended structure were included in the results.

##### *Statistical Analysis*

All the data are expressed as the mean  $\pm$  SEM. A statistical analysis of each block of results (obtained on the same day) was made with separate one-way ANOVA. Specific comparisons were carried out with Dunnett's test.

#### RESULTS

A one-way analysis of variance showed that CGP 37849 and ACPC administered IP produced a dose-dependent increase in the number of shocks accepted during experimental sessions in the conflict drinking test:  $F(3, 25) = 6.04$ ,  $p < 0.01$  and  $F(3, 23) = 6.74$ ,  $p < 0.01$ , respectively. The minimum effective dose of CGP 37849 was 1.25 mg/kg; however, a distinct effect (an increase by about 170%) was observed after a dose of 5 mg/kg of the drug. ACPC administered in a dose of 50 mg/kg was ineffective, but given in doses of 100 and 200 mg/kg, it significantly increased the punished responding by about 126% and 200%, respectively (Table 1).

After IHP injection, a significant increase in the punished drinking was observed after ACPC,  $F(3, 41) = 5.19$ ,  $p < 0.01$ , but not after CGP 37849. The minimum effective dose of ACPC was 3  $\mu\text{g}$ ; however, when injected in doses of 10 and

TABLE 1  
THE EFFECT OF CGP 37849 AND ACPC IN THE  
CONFLICT DRINKING VOGEL TEST IN RATS

Compounds	Route of Injection	Dose	N	Number of Accepted Shocks/ 5 min Mean $\pm$ SEM
Vehicle	IP	-	7	6.6 $\pm$ 1.0
CGP 37849	IP	1.25 mg/kg	8	10.7 $\pm$ 1.6*
		2.5 mg/kg	8	11.9 $\pm$ 2.0*
		5.0 mg/kg	8	17.9 $\pm$ 2.3**
Vehicle	IP	-	7	8.7 $\pm$ 1.6
ACPC	IP	50 mg/kg	8	10.7 $\pm$ 1.4
		100 mg/kg	8	19.7 $\pm$ 3.5*
		200 mg/kg	8	26.1 $\pm$ 4.0**
Vehicle	IHP	-	7	6.7 $\pm$ 0.8
CGP 37849	IHP	0.01 $\mu$ g	8	8.0 $\pm$ 1.1
		0.03 $\mu$ g	8	11.5 $\pm$ 3.9
		0.1 $\mu$ g	8	6.5 $\pm$ 1.1
Vehicle	IHP	-	10	6.2 $\pm$ 0.6
ACPC	IHP	3 $\mu$ g	11	13.4 $\pm$ 4.0*
		10 $\mu$ g	12	24.9 $\pm$ 5.1**
		30 $\mu$ g	12	19.1 $\pm$ 3.5*

CGP 37849 and ACPC were administered 60 min (IP) or 10 min (IHP) before the test.

N = number of rats per group.

\* $p < 0.05$ , \*\* $p < 0.01$  vs. respective control (Dunnett's test).

30  $\mu$ g, the drug increased the number of shocks accepted by about 300% and 210%, respectively. CGP 37849 administered in doses of 0.01–0.1  $\mu$ g was ineffective (Table 1). In our experiment, the three cannula placements fell outside the CA1 hippocampus target area. In each case, the error was only unilateral, but the scores for those animals were discarded. In those three discarded rats, the obtained results were at a control level.

Higher doses of CGP 37849 (10 mg/kg IP or 0.3  $\mu$ g IHP) were not examined in the conflict drinking test because they induced muscle hypotonia and ataxia, and—in some animals (after IHP administration)—even loss of the righting reflex.

As shown in Table 2, the possibility that the efficacy of CGP 37849 and ACPC is related to a reduced perception of the stimulus or to an increased thirst drive may be excluded,

as these drugs—administered in their highest doses effective in the conflict drinking test—increase neither the threshold current nor water intake.

## DISCUSSION

The results of the present paper indicate that CGP 37849, a competitive NMDA receptor antagonist, and ACPC, a partial agonist at strychnine-insensitive glycine receptors associated with the NMDA receptor complex (either drug being administered peripherally, IP) exert an anxiolytic-like activity in rats. In fact, the drugs tested dose-dependently increased the number of punished licks in the conflict drinking Vogel test, with this effect being seemingly specific because, when given in doses evoking an anticonflict activity, they affected neither the shock threshold nor the nonpunished water consumption.

Our results are consistent with other findings in this respect. Actually, Płaznik et al. (31) reported that CGP 37849, administered to rats in doses similar to those used in our experiment, increased the exploratory activity in central sectors of the open field (anti-neophobic reaction) and produced anticonflict effect in the Vogel test. On the other hand, the antianxiety activity of ACPC was found in nonconflict models only. The drug has been reported to increase the exploration of the open arms of the elevated plus-maze by mice (37,38), to reduce the separation-induced ultrasonic vocalization in rat pups (44), and to block the fear-potentiated startle response in rats (1). Again, all those effects of ACPC were observed when the drug was administered at a dose range similar to that of the present study, its strongest effect being found (on the basis of the minimum effective dose) in the ultrasonic vocalization model (44).

The results of the present study are also in line with several observations indicating an anxiolytic-like activity of other NMDA antagonists and glycine receptor ligands. In fact, both noncompetitive (dizolcipine) and competitive [e.g., 2-amino-5-phosphonovaleric acid (AP-5), 2-amino-7-phosphonoheptanoic acid (AP-7), 3-(2-carboxypiperazin-4-yl)-propyl-1-phosphonic acid (CPP)] NMDA receptor antagonists were found to be active in a number of models used to predict antianxiety activity, including a social interaction test, elevated plus-maze, separation-induced ultrasonic vocalization, and the Cook and Davidson conflict paradigm (3,6,7,17,43). In the same models, as well as in the fear-potentiated startle response, antianxiety effects were also reported for (+)-3-amino-1-hydroxy-2-pyrrolidinone (HA-966), 5,7-dichlorokynurenic acid (5,7-DCKA),

TABLE 2  
THE EFFECT OF CGP 37849 AND ACPC ON THE SHOCK THRESHOLD AND THE  
AMOUNT OF WATER CONSUMED BY WATER-DEPRIVED RATS

Compounds	Route of Injection	Dose	N	Shock Threshold (mA)	Water Consumption (ml)
Vehicle	IP	-	6	0.38 $\pm$ 0.03	7.2 $\pm$ 0.7
CGP 37849	IP	5 mg/kg	8	0.49 $\pm$ 0.06	6.8 $\pm$ 1.0
Vehicle	IP	-	6	0.35 $\pm$ 0.02	7.3 $\pm$ 0.7
ACPC	IP	200 mg/kg	7	0.44 $\pm$ 0.04	7.0 $\pm$ 0.6
Vehicle	IHP	-	7	0.37 $\pm$ 0.03	6.9 $\pm$ 0.6
ACPC	IHP	30 $\mu$ g	7	0.43 $\pm$ 0.03	6.0 $\pm$ 0.5

CGP 37849 was administered 60 min and ACPC—60 min (IP) or 10 min (IHP) before the test.

N = number of rats per group.

and 7-chloro-kynurenate (7-Cl-KYN) (1,6,8,17,38,44), all of them being glycine receptor antagonists. In the light of the latter findings, despite the fact that some neurochemical evidence indicates that ACPC is a high-affinity, partial agonist ligand at strychnine-insensitive glycine receptors (22,27), the anticonflict effect of the drug observed in our study seems to be related to its antagonistic properties at these receptors. A similar conclusion has also been suggested by other authors, who found an anxiolytic-like activity of ACPC in other models of anxiety (1,38,44). Furthermore, some other data also indicate that ACPC may behave as a functional antagonist at glycine receptors *in vivo*. Actually, the drug has been found to exert a protective effect against NMDA-induced convulsions (34) and to have neuroprotective efficacy (41), such effects being expected in the case of an antagonist, rather than agonist, of glycine receptors.

In our experiment, we found that the minimum effective dose of CGP 37849 in the conflict drinking test was 1.25 mg/kg, whereas a distinct anticonflict effect was observed after a dose of 5 mg/kg of the drug. At the same time, only a dose twice as high of CGP 37849 (i.e., 10 mg/kg) induced muscle relaxation and marked ataxia. The latter observation, consistent with that reported by Löscher and Hönack (21), indicates that the drug studied is characterized by a very low ratio (2 : 1) between the dose inducing motor impairment and that producing an antianxiety effect. We also found that the anticonflict effect of ACPC, comparable with that produced by 5 mg/kg of CGP 37849, appeared after doses of 100–200 mg/kg of the former drug. Although we did not examine the effect of the higher doses of ACPC, some literature data clearly show that, at least in mice, it is devoid of any motor impairment activity in doses up to 2000 mg/kg (24). In other words, ACPC may be more advantageous than CGP 37849 as a potential drug in the treatment of anxiety disorders. In this context, it is also noteworthy that, in contrast to CGP 37849 (28), ACPC is inactive in conditioning a place preference paradigm in rats (M. Papp, personal communication), this observation indicating that the glycine receptor ligand is devoid of rewarding properties and, consequently, has no potential abuse liability.

Unlike the case of peripheral administration, CGP 37849 and ACPC differ in terms of the exerted effects in the conflict

drinking test after their local IHP administration. Thus ACPC administered in doses of 3–30  $\mu$ g evoked an anticonflict effect, with the maximum effect being observed after a dose of 10  $\mu$ g, and CGP 37849 injected in doses of 0.01–0.1  $\mu$ g was ineffective in that model. The reason for this inactivity of CGP 37849 is unclear, the more so as two other NMDA receptor antagonists (dizolcipine and AP-7), administered IHP, were found to produce anxiolytic-like effects in the open field test (anti-neophobic reaction) and in the Vogel test (30). Nevertheless, because a higher dose of CGP 37849 injected IHP (0.3  $\mu$ g) produced marked motor impairment (ataxia, loss of the righting reflex), the hippocampus does not seem to be a neuroanatomical site of anticonflict activity of the drug. In this context, it is noteworthy that another brain structure (i.e., the dorsal periaqueductal gray) has been suggested as the site of the anti-anxiety effect of AP-7 in the elevated plus-maze model (12). At the same time, our results seem to indicate that the hippocampus may be one of the brain structures involved in the anticonflict effect of ACPC, and such a conclusion is consistent with several data pointing to the role of the above-mentioned brain structure in antianxiety effects of different anxiolytic drugs (5,16,20,32,33,35). However, it should also be kept in mind that an anxiolytic-like activity of glycine receptor antagonists (HA-966, 7-Cl-KYN) has been found after their local injection into the dorsal periaqueductal gray (23).

In conclusion, the results of the present study indicate that ACPC exhibits an anxiolytic-like activity in the conflict drinking test in rats that resembles the activity of CGP 37849 in this respect. In the light of some literature data that show that ACPC is devoid of undesirable side effects of CGP 37849, the strychnine-insensitive glycine receptor ligand seems to be more advantageous as a potential antianxiety drug than the NMDA receptor antagonist. Our results also seem to indicate that the hippocampus is one of the brain structures involved in the anticonflict effect of ACPC, but not CGP 37849.

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